

THE Knollwood Pointe Lifestyle



KNOLLWOOD
POINTE
SENIOR LIVING AT EASE

Like Us!  

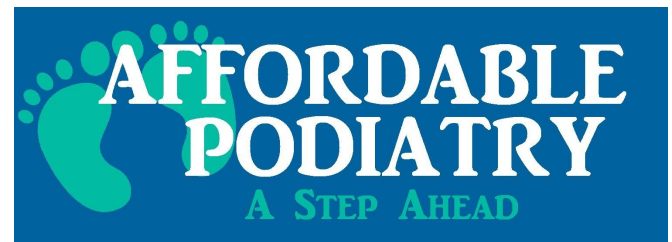
ASSISTED LIVING COMMUNITY

5601 Girby Road • Mobile, AL 36693 • (251) 666-1005 • www.knollwoodpointe.com

OCTOBER 2025

BACK TO SCHOOL '50s DANCE

In August, our residents stepped back in time! for a Back to School '50s Dance. Everyone dressed in fun '50s attire and danced the night away to classic hits performed by a live band. Dinner was a treat with diner-style burgers and fries, topped off with refreshing root beer floats. The dining hall was transformed with retro '50s decor, making the evening feel like a true blast from the past. Smiles, laughter, and music filled the air as residents made wonderful memories together.



Our next Podiatry Clinic will be held on Thursday, October 16, 2025 at 2:00 PM.

Sign-Up and Details: Residents who wish to participate must sign up and pay at front desk with Admin Assistant, Jess Kimbler, no later than October 2, 2025. Cost is \$25 per resident.

Payment Options:

- * Cash or check (no fee)
- * Debit card (prepaid or paid on the day of the clinic (\$3 convenience fee))
- * To make a debit care payment, call 251-654-4444.



OCTOBER 2025

3 Things You
Need To
Know

Football season is underway, so make sure you’re familiar with a few common terms you’ll probably hear while watching a game:

1) *Fair catch*. A player in position to receive a punt signals for a fair catch by raising his arm above his head and waving it. Once a fair catch is signaled, the receiver cannot advance the ball, and the other team’s players are not allowed to tackle him.

2) *Lateral*. A pass that goes sideways or backward is called a lateral. A team can lateral as many times as it likes on a play, and laterals can occur anywhere on the field.

3) *Shift*. The movement of two or more offensive players at the same time before the football is snapped is called a shift.

A Pumpkin
Pun

Q: What is a pumpkin’s favorite sport?
A: Squash.

“To me, every hour of the day and night is an unspeakably perfect miracle.”
—Walt Whitman

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 8:30 Devotion with Carla 10:30 Manicure Time 1:30 ART activity 2:00 Bingo 3:00 Trivia Time 3:30 Courtyard Stroll	2 8:30 Devotion with Carla 9:30 Activity with Audrea 10:00 Dollar Tree Outing (45 min) 2:00 Bingo 3:00 Bible Study with Brother Allen 4:00 Activity with Audrea	3 8:30 Devotion with Carla 9:30 Activity with Audrea 1:30 Resident Council Meeting 2:00 Bingo 3:00 Courtyard Stroll 4:00 Activity with Audrea	4 9:00 Front Porch Visits 10:00 Midday Movie in Activity Room 2:00 Word Search Games (Independent Table Activity) 3:00 Courtyard Stroll
5 10:45 Church Service with Lisa & Jack Thomas 11:30 Courtyard Stroll or Sit on Front Porch 2:00 Bingo 3:00 Independent Table Activities - Residents Choice	6 9:00 Devotion & Prayer 10:30 Praise & Workout with Christina Boyd 1:30 Resident Council Meeting 2:00 Bingo 3:00 Social Visit on the Front Porch	7 8:30 Devotion with Carla 10:00 Word Search Games (Independent Table Activity) 10:30 Book Mobile/Outreach Services 11:00 Piano Playing and Singing with Ms Shirley 2:00 Bingo 3:00 Courtyard Stroll	8 8:30 Devotion with Carla 10:30 Manicure Time 11:30 Town Hall Meeting 1:30 ART activity 2:00 Bingo 3:00 Trivia Time 3:30 Courtyard Stroll	9 8:30 Devotion with Carla 9:30 Activity with Audrea 10:00 Elizabeth and Friends - Worship 2:00 Bingo 3:00 Bible Study with Brother Allen 4:00 Activity with Audrea	10 NATIONAL CAKE DECORATING DAY 8:30 Devotion with Carla 9:30 Activity with Audrea 10:00 Elizabeth and Friends - Worship 1:30 Decorating Cupcakes 2:00 Bingo 3:00 Courtyard Stroll 4:00 Activity with Audrea	11 9:00 Front Porch Visits 9:30 Activity with Audrea 10:00 Midday Movie in Activity Room 2:00 Word Search Games (Independent Table Activity) 3:00 Courtyard Stroll
12 9:30 Devotion with Audrea 10:00 Activity with Audrea 10:45 Church Service with Lisa & Jack Thomas 11:30 Courtyard Stroll or Sit on Front Porch 2:00 Bingo 3:00 Independent Table Activities - Residents Choice	13 Columbus Day 9:00 Devotion & Prayer 10:30 Praise & Workout with Christina Boyd 2:00 Bingo 3:00 Social Visit on the Front Porch	14 8:30 Devotion with Carla 10:00 Word Search Games (Independent Table Activity) 11:00 Piano Playing and Singing with Ms Shirley 2:00 Bingo 3:00 Courtyard Stroll	15 8:30 Devotion with Carla 10:30 Manicure Time 1:30 ART activity 2:00 Bingo 3:00 Trivia Time 3:30 Courtyard Stroll	16 FALL-ISH FAMILY NIGHT 8:30 Devotion with Carla 9:30 Activity with Audrea 2:00 Bingo 3:00 Bible Study with Brother Allen 4:00 Activity with Audrea	17 BREAST CANCER AWARENESS INDOOR WALK 8:30 Devotion with Carla 9:30 Activity with Audrea 10:00 BREAST CANCER AWARENESS WALK 2:00 Bingo 3:00 Courtyard Stroll 4:00 Activity with Audrea	18 9:00 Front Porch Visits 10:00 Midday Movie in Activity Room 2:00 Word Search Games (Independent Table Activity) 3:00 Courtyard Stroll
19 10:45 Church Service with Lisa & Jack Thomas 11:30 Courtyard Stroll or Sit on Front Porch 2:00 Bingo 3:00 Independent Table Activities - Residents Choice	20 9:00 Devotion & Prayer 10:30 Praise & Workout with Christina Boyd 2:00 Bingo 3:00 Social Visit on the Front Porch	21 8:30 Devotion with Carla 10:00 Word Search Games (Independent Table Activity) 11:00 Piano Playing and Singing with Ms Shirley 2:00 Bingo 3:00 Courtyard Stroll	22 8:30 Devotion with Carla 10:30 Manicure Time 1:30 ART activity 2:00 Bingo 3:00 Trivia Time 3:30 Courtyard Stroll	23 NATIONAL CANNING DAY 8:30 Devotion with Carla 9:30 Activity with Audrea 9:45 Discuss if we CANNED and How and What! 10:00 Walmart Outing 2:00 Bingo 3:00 Bible Study with Brother Allen 4:00 Activity with Audrea	24 8:30 Devotion with Carla 9:30 Activity with Audrea 2:00 Bingo 3:00 Courtyard Stroll 4:00 Activity with Audrea	25 9:00 Front Porch Visits 9:30 Activity with Audrea 10:00 Midday Movie in Activity Room 2:00 Word Search Games (Independent Table Activity) 3:00 Courtyard Stroll
26 9:30 Devotion with Audrea 10:00 Activity with Audrea 10:45 Church Service with Lisa & Jack Thomas 11:30 Courtyard Stroll or Sit on Front Porch 2:00 Bingo 3:00 Independent Table Activities - Residents Choice	27 9:00 Devotion & Prayer 10:30 Praise & Workout with Christina Boyd 2:00 Bingo 3:00 Social Visit on the Front Porch	28 NATIONAL CHOCOLATE DAY 8:30 Devotion with Carla 10:00 Word Search Games (Independent Table Activity) 10:30 Book Mobile/Outreach Services 11:00 Piano Playing and Singing with Ms Shirley 1:00 Chocolate Cookies with Coffee Social 2:00 Bingo 3:00 Courtyard Stroll	29 8:30 Devotion with Carla 10:30 Manicure Time 1:30 ART activity 2:00 Bingo 3:00 Trivia Time 3:30 Courtyard Stroll	30 8:30 Devotion with Carla 9:30 Activity with Audrea 2:00 Bingo 3:00 Bible Study with Brother Allen 4:00 Activity with Audrea	31 HALLOWEEN 8:30 Devotion with Carla 9:30 Activity with Audrea 10:00 “Table Treats” 2:00 Bingo 3:00 Courtyard Stroll 4:00 Activity with Audrea	

Pink October *Breast Cancer Awareness Walk*

October 17th
10:00 AM

Come walk the halls of
Knollwood Pointe
with your resident.
To bring Awareness to
Breast Cancer.
Dress in Pink & Dress your
resident.

Knollwood Pointe



October 2025

As the leaves turn and the air grows crisp, I'm reminded of how special this season is for our community. October brings with it the charm of fall colors, pumpkin-spiced everything, and of course, the fun (and maybe a little fright) of spooky season. It's a time when laughter mixes with a hint of mischief, and we all find small ways to celebrate the spirit of the season.

Here at our community, we're looking forward to enjoying the best of fall together. From festive decorations to themed activities, there's something magical about seeing our halls come alive with pumpkins, scarecrows, and maybe even a few friendly ghosts. It's a chance to share joy, make memories, and keep traditions alive.

I encourage everyone to embrace this month with a spirit of togetherness. Whether it's enjoying a cup of cider, telling a good ghost story, or taking part in our upcoming events, let's celebrate not just the season, but the friendships and bonds that make this community feel like home.

Thank you for being part of what makes our community so vibrant and welcoming. May your October be filled with warmth, a little wonder, and just enough spookiness to keep it fun.



Kendrick Wells, Executive
Director

