

# THE Knollwood Pointe Lifestyle



KNOLLWOOD  
POINTE  
SENIOR LIVING AT EASE

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ASSISTED LIVING COMMUNITY  
5601 Girby Road · Mobile, AL 36693 · (251) 666-1005 · [www.knollwoodpointe.com](http://www.knollwoodpointe.com)

## DECEMBER 2024

Dr. Stuart Alter will be visiting our community on January 9, 2025. The cost is \$25 per resident. You can pay by cash, check or over the phone with a debit/credit card with a \$3 convenience fee. If you prepay, please inform the community so we can have our list updated when they arrive that day. Checks should be made out to Affordable Podiatry.



## Happy Birthday!

Happy birthday to all our residents celebrating birthdays this month! The world is a better place because you're here. We think you're great for our community, too! Have a wonderful day.



Dear Residents & Families,  
As we celebrate this special season, I want to share my heartfelt thanks with each of you. The holidays remind us of the joy that family, friends, and community bring, and we're so grateful to have you here with us.  
To our residents: you are the heart of our community. Every day, your smiles and stories bring warmth and happiness to those around you. Thank you for being part of our family.  
To our families: your support and visits mean the world to us and to your loved ones. We're grateful for the trust you place in us and for the love you share.  
We have many festive events planned in the coming weeks, and we hope they bring you all joy and togetherness. From all of us here, we wish you a holiday season filled with peace, joy, and good health.

Warmest Regards,  
Kendrick Wells  
Executive Director

HAPPY  
Holidays!

## DECEMBER 2024

### Chef's Corner

Christmas ribbon candy is a beloved holiday treat with a festive look and a nostalgic charm. Known for its vibrant colors and signature wavy shape, ribbon candy dates back centuries to Europe, where it was carefully handcrafted before gaining popularity in America. Making ribbon candy requires heating sugar, adding bold colors and flavors, and folding the warm candy into beautiful ribbons—a process that was once entirely done by hand. Originally, ribbon candy was typically flavored with peppermint, fitting the winter season, but today you'll find it in a range of flavors like cherry, lemon, and cinnamon. The eye-catching colors and intricate shape make it a perfect addition to Christmas candy dishes, adding a touch of vintage elegance to holiday tables. For many, ribbon candy is more than just a treat; it's a tradition that brings back warm memories of past holidays. Despite the wide variety of modern candies, ribbon candy remains a cherished choice, reminding us of simpler times and filling the season with holiday cheer.

**"The more positivity,  
love and light you reflect,  
the more light is mirrored  
your way."  
—Suzy Kassem**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:00 Courtyard Stroll or Sit on Front Porch 10:45 Church Service with Lisa & Jack Saucer 2:00 Bingo 3:00 Christmas Matinee featuring "Miracle on 34th Street" (1947) (Disney+)	2 10:30 Sit N Stay Fit 11:00 Keno 11:30 Christmas Would You Rather 1:30 Resident Council Meeting 2:00 Family Feud	3 10:30 KP Walking Club 11:00 Arts & Crafts: Holiday Door Hangers 2:00 Bingo 3:00 Hymns with Brother David Gill	4 10:30 Praise & Workout with Christina Boyd 11:00 Nail Salon 2:00 Keno 2:30 Gingerbread Dice	5 10:00 Walmart Shopping Trip 10:30 KP Walking Club 11:30 Elf Mad Libs 2:00 Bingo 3:00 Bible Study with Brother Allen	6 10:30 Dance! Dance! Dance! Zumba Class 11:15 Burns Middle School Concert 11:30 Christmas Word Game 2:00 Bingo	7 <b>Pearl Harbor Day</b> 10:00 Documentary featuring "Pearl Harbor: Dawn of Death" (Tubi) 2:00 Bingo 3:00 Resident Christmas Party 4:00 Courtyard Stroll or Sit on Front Porch
8 10:00 Courtyard Stroll or Sit on Front Porch 10:45 Church Service with Lisa & Jack Saucer 2:00 Bingo 3:00 Christmas Matinee featuring "It Happened on 5th Avenue" (1947) (Tubi)	9 <b>Christmas Socks Day</b> 10:30 Sit N Stay Fit 11:00 Keno 11:30 Teatime Trivia: Fads of the 1940s & '50s 2:00 UNO with Friends	10 <b>Candy Cane Day</b> 10:30 KP Walking Club 11:00 Arts & Crafts: Christmas Ornament Candy Dish 2:00 Bingo 3:00 Hymns with Brother David Gill	11 <b>Mad About Plaid</b> 10:30 Praise & Workout with Christina Boyd 11:00 Nail Salon 2:00 Keno 2:30 Christmas Tree Dice	12 <b>Rockin' Around the Christmas Tree</b> 10:00 Scenic Drive Outing 10:30 KP Walking Club 11:30 Dear Santa Mad Libs 2:00 KP Christmas Choir: Caroling Around Knollwood Pointe 3:00 Bible Study with Brother Allen	13 <b>Sweater Weather</b> 10:30 Dance! Dance! Dance! Zumba Class 11:00 Spot the Differences: Winter 11:30 Christmas Alphabet 2:00 Bingo	14 10:00 Christmas Matinee featuring "A Christmas Carol" (1984) (Tubi) 2:00 Bingo 3:00 Independent Activities 4:00 Courtyard Stroll or Sit on Front Porch
15 10:00 Courtyard Stroll or Sit on Front Porch 10:45 Church Service with Lisa & Jack Saucer 2:00 Bingo 3:00 Christmas Matinee featuring "Babes in Toyland" (1961) (Disney+)	16 <b>Rudolph the Red-Nosed Reindeer</b> 10:30 Sit N Stay Fit 11:00 Keno 11:45 Bookmobile Visits! 2:00 Family Feud 5:00 Praise Family Church Christmas Lights Tour	17 <b>100% That Grinch</b> 10:30 KP Walking Club 11:00 Arts & Crafts: Fuzzy Sock Snowmen 2:00 Bingo 3:00 Hymns with Brother David Gill	18 <b>Christmas Lights</b> 10:30 Praise & Workout with Christina Boyd 11:00 Nail Salon 2:00 Keno 2:30 Christmas Would You Rather	19 <b>Christmas Pajamas Day</b> 10:00 Christmas Recital by Pianist Andre Forney 11:30 Roll the Dice & Pass the Presents 2:00 Bingo 3:00 Bible Study with Brother Allen	20 <b>Jingle All the Way</b> 10:30 Dance! Dance! Dance! Zumba Class 11:00 Christmas Candy Dice 11:30 Holiday I've Never 2:00 Bingo	21 10:30 Top Guns: The Documentary (Tubi) 2:00 Bingo 3:00 Independent Activities 4:00 Courtyard Stroll or Sit on Front Porch
22 10:00 Courtyard Stroll or Sit on Front Porch 10:45 Church Service with Lisa & Jack Saucer 2:00 Bingo 3:00 A Dolly Parton Christmas Matinee featuring "Unlikely Angel" (1996) (Tubi)	23 <b>Holiday Hat Day</b> 10:30 Sit N Stay Fit 11:00 Keno 11:30 Spot the Differences: Christmas 2:00 UNO with Friends	24 <b>Best Christmas Outfit Day</b> 10:30 KP Walking Club 11:00 Nail Salon 2:00 KP Christmas Choir: Caroling Around Knollwood Pointe 3:00 Hymns with Brother David Gill	25 <b>Christmas</b> 11:00 Christmas Word Search 11:30 Christmas Analogies 2:00 Bingo 3:00 Christmas Movie with Friends in Activity Room	26 10:00 Dollar Tree Shopping Trip 10:30 KP Walking Club 11:30 Roll to Decorate the Tree 2:00 Bingo 3:00 Bible Study with Brother Allen	27 10:30 Dance! Dance! Dance! Zumba Class 11:00 Christmas Drinking Game 11:30 Two Truths and a Lie 2:00 Bingo	28 10:00 Movie Matinee featuring "Steel Magnolias" (1989) (PlutoTV) 2:00 Bingo 3:00 Independent Activities 4:00 Courtyard Stroll or Sit on Front Porch
29 10:00 Courtyard Stroll or Sit on Front Porch 10:45 Church Service with Lisa & Jack Saucer 2:00 Bingo 3:00 A Dolly Parton Christmas Matinee featuring "A Country Christmas Story" (2013) (Tubi)	30 10:30 Sit N Stay Fit 11:00 Keno 11:30 Teatime Trivia 1:30 Activity Planning Meeting 2:00 Family Feud	31 <b>New Year's Eve</b> 10:30 KP Walking Club 11:00 Arts & Crafts 2:00 Bingo 3:00 Hymns with Brother David Gill				



## Celebrating Catherine Walker: A Life of Family, Community, And Quiet Dedication

Catherine Walker's journey began in New Orleans before her family settled in Mobile, Alabama. Growing up with her sisters, Shirley and Jeannette, and brothers, Sonny and Daniel, she enjoyed a childhood rich in family memories. As a student at Baker School, Catherine formed lifelong friendships and still delights in attending class reunions, reliving memories of those early days.

In 1958, Catherine married Glenn Walker, and together they began a family that soon grew to include three sons: Gerald, Phillip, and Carl. Today, Catherine and Glenn's family has expanded to five grandchildren and six great-grandchildren who bring her great pride and joy.

Before Carl's birth, Catherine worked at Brookley Field, a role she enjoyed. Later, she became a newspaper carrier in Tillmans Corner, delivering the Mobile newspaper for nearly 28 years. She balanced her newspaper route with raising her sons, spending many days at their ballgames. Catherine's work suited her independent spirit and love for community, making her a familiar face and friend to her neighbors.

Alongside her work, Catherine joined the Eastern Star at George Potter Lodge and developed a love for crafting—knitting, ceramics, and gardening, especially growing African violets and vegetables. Now, at Knollwood Pointe, Catherine enjoys time with her neighbors, sharing stories and friendships that continue to enrich her life. Her journey is a testament to resilience, service, and family devotion, leaving a legacy of warmth and connection to all who know her.

## Holiday Events



### 12 Days of Christmas

- Monday 09 Dec: Christmas Socks
- Tuesday 10 Dec: Candy Cane (Wear Red & White)
- Wednesday 11 Dec: Mad About Plaid (Wear plaid or flannel)
- Thursday 12 Dec: Rockin Around the Christmas Tree (Hair Accessories)
- Friday 13 Dec: Sweater Weather (Ugly Christmas Sweater)
- Monday 16 Dec: Rudolph the Red-Nosed Reindeer (Wear Red)
- Tuesday 17 Dec: 100% That Grinch (Wear Green)
- Wednesday 18 Dec: Christmas Lights (Wear Light Up Accessories)
- Thursday 19 Dec: All Aboard the Polar Express (Wear Christmas Pajamas)
- Friday 20 Dec: Jingle All the Way (Wear Jingle Bells)
- Monday 23 Dec: Holiday Hat (Wear your favorite holiday hat)
- Tuesday 24 Dec: All About Christmas (Wear Your Best Christmas Outfit)

## Holiday Decor

'Tis the season to be jolly and festive! Don't miss out on our Best Door Wreath contest this year. We look forward to seeing everyone's apartment doors and corner cubbies decorated.

