

THE Knollwood Pointe Lifestyle



KNOLLWOOD
POINTE
SENIOR LIVING AT EASE

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MEMORY CARE COMMUNITY
5601 Girby Road · Mobile, AL 36693 · (251) 666-1005 · www.knollwoodpointe.com

APRIL 2025



Make Speckled Easter Eggs

Try this cool way to color Easter eggs. The best part? No mess!

Add 1 cup of uncooked rice to a zip-close sandwich bag. Add 7 to 10 drops of food coloring (one color) and stir with a spoon. Repeat in separate bags with any other colors you want to use.

Place a hard-boiled egg (shell on!) in one of the bags. Close the bag and gently shake until the egg is colored to your liking. Use tongs to remove the egg and place it somewhere safe to dry. Repeat with remaining eggs.

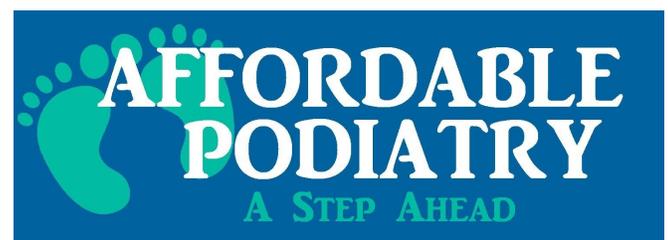
**DON'T
FORGET!**

We are pleased to announce that **Dr. Stuart Alter from Affordable Podiatry** will be visiting Knollwood Pointe on **Thursday, April 10, 2025, at 2:00 PM** to provide foot care services for our residents. The cost for the visit is **\$25 per resident**, with payment options available:

- **Cash or check** (payable on the day of the visit)
 - **Debit card** (with a \$3 convenience fee)
 - **Prepayment** at Affordable Podiatry's office on Airport Blvd or via phone at 251-654-4444
- Cash or check payments can be dropped off at the front office with our Administrative Assistant, Jess Kimbler.

Proper foot care is essential for overall health and mobility. Don't miss this opportunity to keep your feet happy and healthy!

For any questions, feel free to reach out to us at 251-666-1005.



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**All That Jazz
All Month
Long**

Every April, the smooth sounds of saxophones, trumpets and bass can be heard across the country as groups recognize Jazz Appreciation Month. But it's not just the melodies of musical instruments that make jazz sound so sweet, it's also due to the strings of nonsensical words jazz singers are famous for: a talent known as scatting. Made popular by the trendsetter Louis Armstrong, the art of scatting, or scat singing, is a kind of improvisation where the voice is used as an instrument to create wordless phrases and lines. Go ahead and give it a try to celebrate the month with a heartfelt doo-bee-doo-bee doo; bah-bah-doo; dat-n-dat, dat-n-dat; dee doo.

**"April is a promise that May is bound to keep."
—Hal Borland**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Weekday Daily Activities - AM 9:00 Devotion 9:30 Music Program (YouTube) 11:00 Independent Table Activities 11:30 Wash Up Time 1:00 Courtyard Gathering 1:30 Hydration 4:00 Movie Matinee	1 10:00 Bingo 10:30 Winner's Circle Refreshments 2:00 Gentle Chair Exercises for Seniors (YouTube) 2:30 Wash Up and Snack 3:00 Hymns with Brother David Gill 3:30 Color Me Wonderful	2 10:00 Praise & Workout with Christina Boyd 10:30 Wind Down Wednesday Refreshments 2:00 "Kite Month" Discuss Bringing a Kite 3:00 Ats and Craft - Kite 3:30 Courtyard Stroll	3 10:00 Bingo 10:30 Refreshment Time 2:00 Sensory Activity 3:00 Ball Toss 3:30 Bible Study with Brother Allen	4 10:00 Dance! Dance! Dance! Zumba Gold for Seniors (YouTube) 10:30 Friday Fund Day Trivia & Snacks 2:00 Scenic Drive 3:30 Courtyard Stroll	5 9:00 KP Sing-Along (YouTube Playlist) 9:30 Courtyard Gathering 10:00 Bingo 2:00 Table Top Activities 2:30 Color Me Wonderful 3:00 Afternoon Movie
6 9:00 Gospel Music Program (YouTube) 9:30 Church with TCOG 10:00 Courtyard Stroll 10:30 Tabletop Activities 2:00 Bingo 3:00 Afternoon Movie	7 10:00 ROM Chair Exercises 10:30 Discussion of Spring, what blooms, what is your fav....? AND SNACK TIME 2:00 Nails with Carla 3:00 Courtyard Stroll	8 10:00 Bingo 10:30 Winner's Circle Refreshments 2:00 Gentle Chair Exercises for Seniors (YouTube) 2:30 Wash Up and Snack 3:00 Hymns with Brother David Gill 3:30 Color Me Wonderful	9 10:00 Praise & Workout with Christina Boyd 10:30 Wind Down Wednesday Refreshments 3:00 Decorate Paper Easter Eggs 3:30 Courtyard Stroll	10 10:00 Bingo 10:30 Refreshment Time 2:00 Sensory Activity 3:00 Ball Toss 3:30 Bible Study with Brother Allen	11 10:00 Dance! Dance! Dance! Zumba Gold for Seniors (YouTube) 10:30 Friday Fund Day Trivia & Snacks 2:00 Scenic Drive 3:30 Courtyard Stroll	12 9:00 KP Sing-Along (YouTube Playlist) 9:30 Courtyard Gathering 10:30 Easter Egg Hunt with Families & Friends 2:00 Bingo 2:30 Color Me Wonderful 3:00 Afternoon Movie
13 9:00 Gospel Music Program (YouTube) 9:30 Church with TCOG 10:00 Courtyard Stroll 10:30 Tabletop Activities 2:00 Bingo 3:00 Afternoon Movie	14 10:00 ROM Chair Exercises 10:30 Pictures of Animals to encourage discussion AND SNACK TIME 2:00 Nails with Carla 3:00 Courtyard Stroll	15 10:00 Bingo 10:30 Winner's Circle Refreshments 2:00 Gentle Chair Exercises for Seniors (YouTube) 2:30 Wash Up and Snack 3:00 Hymns with Brother David Gill 3:30 Color Me Wonderful	16 10:00 Praise & Workout with Christina Boyd 10:30 Wind Down Wednesday Refreshments 3:00 Canvas Painting - Cross 3:30 Courtyard Stroll	17 10:00 Bingo 10:30 Refreshment Time 2:00 Sensory Activity 3:00 Ball Toss 3:30 Bible Study with Brother Allen	18 10:00 Dance! Dance! Dance! Zumba Gold for Seniors (YouTube) 10:30 Friday Fund Day Trivia & Snacks 2:00 Easter Party 3:30 Courtyard Stroll	19 9:00 KP Sing-Along (YouTube Playlist) 9:30 Courtyard Gathering 10:00 Bingo 2:00 Table Top Activities 2:30 Color Me Wonderful 3:00 Afternoon Movie
EASTER SUNDAY 20 9:00 Gospel Music Program (YouTube) 9:30 Church with TCOG 10:00 Courtyard Stroll 10:30 Tabletop Activities 2:00 Bingo 3:00 Afternoon Movie	21 10:00 ROM Chair Exercises 10:30 What was your favorite place to visit? AND SNACK TIME 2:00 Nails with Carla 3:00 Courtyard Stroll	22 10:00 Bingo 10:30 Winner's Circle Refreshments 2:00 Gentle Chair Exercises for Seniors (YouTube) 2:30 Wash Up and Snack 3:00 Hymns with Brother David Gill 3:30 Color Me Wonderful	23 10:00 Praise & Workout with Christina Boyd 10:30 Wind Down Wednesday Refreshments 3:00 Salt and Watercolor Painting 3:30 Courtyard Stroll	24 10:00 Bingo 10:30 Refreshment Time 2:00 Sensory Activity 3:00 Ball Toss 3:30 Bible Study with Brother Allen	25 10:00 Dance! Dance! Dance! Zumba Gold for Seniors (YouTube) 10:30 Friday Fund Day Trivia & Snacks 2:00 Scenic Drive 3:30 Courtyard Stroll	26 9:00 KP Sing-Along (YouTube Playlist) 9:30 Courtyard Gathering 10:00 Bingo 2:00 Table Top Activities 2:30 Color Me Wonderful 3:00 Afternoon Movie
27 9:00 Gospel Music Program (YouTube) 9:30 Church with TCOG 10:00 Courtyard Stroll 10:30 Tabletop Activities 2:00 Bingo 3:00 Afternoon Movie	28 10:00 ROM Chair Exercises 10:30 What was our hobby growing up? AND SNACK TIME 2:00 Nails with Carla 3:00 Courtyard Stroll	29 10:00 Bingo 10:30 Winner's Circle Refreshments 2:00 Gentle Chair Exercises for Seniors (YouTube) 2:30 Wash Up and Snack 3:00 Hymns with Brother David Gill 3:30 Color Me Wonderful	30 10:00 Praise & Workout with Christina Boyd 10:30 Wind Down Wednesday Refreshments 3:00 Move and Groove to Music 3:30 Courtyard Stroll			

A Tribute to Flettie Tandy

On June 28, 1945, in Prichard, Alabama, a remarkable woman was born: Flettie Tandy, daughter of Willie and Norflet Hudson. Raised in a close-knit family, she grew up with values of hard work, love, and perseverance. Her life journey took her through many roles, but none more fulfilling than that of a dedicated educator, mother, and wife.

Mrs. Tandy was married to her late husband, A.D. Tandy, Jr., with whom she shared a beautiful life and raised three, wonderful children. Together, they built a loving home that was filled with warmth, joy and memories that will last forever.

A passionate and devoted schoolteacher, Mrs. Tandy spent years educating the young minds at Escambia County Middle School in Atmore, Alabama. Her impact on the students and the community were immeasurable, as she helped shape the future of so many. Her students will always remember her patience, wisdom, and the care she put into her work.

In her personal life, Mrs. Tandy, has always found joy in the simple pleasures. She loves bowling, dancing and shopping—activities that allow her to connect with others and celebrate life. Her energy and spirit have been an inspiration to everyone who knows her.

As she reflects on her life, Mrs. Tandy's heart is filled with gratitude for her family she raised, the students she taught and the countless friendships she nurtured over the years. Her legacy is one of love, kindness, and dedication—a true reflection of the remarkable woman she is.

We celebrate Mrs. Tandy today and always, for all the ways she made the world a better place. Her story continues to inspire, and her presence is felt in the hearts of all who have been touched by her.



As spring begins to paint the world in shades of green, we are reminded of the beauty of renewal and new beginnings. Though the weather may be unpredictable, the promise of brighter days fills the season with anticipation and joy.

April is a month of celebration, bringing us moments of laughter on April Fools' Day (1st), a chance to honor our planet on Earth Day (22nd), and even a nod to prehistoric wonders on National Velociraptor Awareness Day (18th). However you choose to embrace the season, we hope it brings you joy, connection, and plenty of reasons to smile. At Knollwood Pointe, we are always looking for ways to make our community even more vibrant and engaging. My door is always open, and I welcome your ideas, suggestions, and thoughts. Together, we can continue to make this a place where friendships flourish and every day is meaningful. Wishing you a wonderful spring filled with warmth, laughter, and new beginnings.

