

THE Knollwood Pointe Lifestyle



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MEMORY CARE COMMUNITY
5601 Girby Road · Mobile, AL 36693 · (251) 666-1005 · www.knollwoodpointe.com

DECEMBER 2024

To This Month's Birthday Celebrants ...


Wishing you all the best in the year to come. May your days be filled with sunshine and beautiful colors. And may your nights be filled with comforting dreams and wishes to come. Happy birthday!



Dear Residents & Families,
As we enter this season of joy and reflection, I want to thank you for the warmth and togetherness you bring to our community. This December, we have many festive events planned, from caroling to holiday crafts, to celebrate the season with you. Your presence and support enrich our lives, and we're grateful to share these special moments with each of you. Wishing you all a joyful holiday season and a bright New Year!

Warmest Regards,
Kendrick Wells
Executive Director



 **AFFORDABLE
PODIATRY**
A STEP AHEAD

Dr. Stuart Alter will be visiting our community on January 9, 2025. The cost is \$25 per resident. You can pay by cash, check or over the phone with a debit/credit card with a \$3 convenience fee. If you prepay, please inform the community so we can have our list updated when they arrive that day. Checks should be made out to Affordable Podiatry.

**DECEMBER
2024**

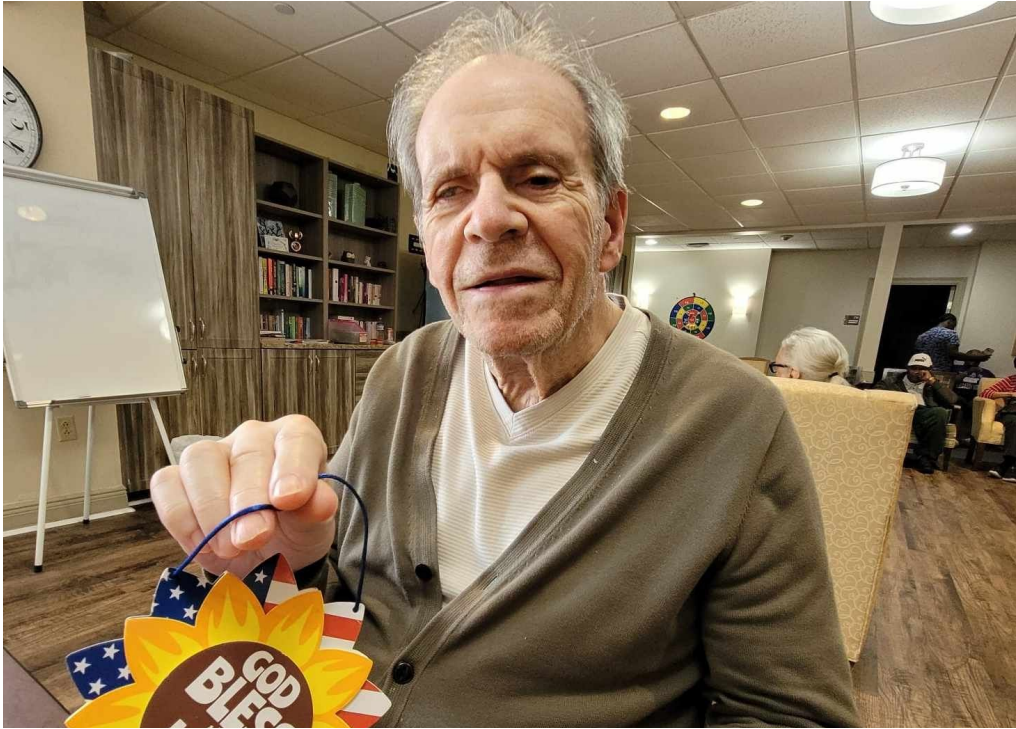
**Chef's Corner:
Gingerbread
Houses**

Building gingerbread houses is a holiday favorite, combining baking, creativity, and family fun. This tradition began in 16th-century Germany, but the story of *Hansel and Gretel* popularized the idea of candy-covered houses, which soon became part of Christmas celebrations worldwide. To make a gingerbread house, you just need gingerbread panels, royal icing to hold it together, and plenty of colorful candies for decoration. Families often gather to create simple cottages or even detailed, multi-story houses, making lasting holiday memories. Some take it further, joining gingerbread competitions or crafting impressive displays like castles and villages. Gingerbread houses bring people together and capture the joy and sweetness of the season. Whether decorating with family or admiring others' creations, this festive activity adds magic to the holidays.

**"The more positivity,
love and light you reflect,
the more light is mirrored
your way."
—Suzy Kassem**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 9:00 Gospel Music Program (YouTube) 9:30 Church Service 10:00 Courtyard Stroll 10:30 Table Top Activities 2:00 Bingo 3:00 Courtyard Gathering 3:30 Christmas Movie Matinee	2 10:00 Dice-rcise 10:30 Christmas Drinking Game 2:00 Craft Class: Feather Collage 2:30 Manicures with Jess 3:00 Nursery Rhymes: Sing the Next Line 3:30 Color Me Wonderful	3 10:00 Stand-Up, Sit-Down Christmas Game 10:30 Roll the Dice & Pass the Presents 2:00 "There's No Place Like Home" Bingo 2:30 Spa Time: Hand Massages 3:00 Brother David Gill 3:30 Ball Toss	4 Santa's List Day 10:00 Praise & Workout with Christina Boyd 10:30 Trivia: Who Sang That Tune? 2:00 Garden Club 2:30 Red or Black Card Game 3:00 Letters to Santa 3:30 Color Me Wonderful	5 Repeal Day 10:00 Santa Says Exercise 10:30 Christmas Word Game 2:00 Bingo 2:30 Cookie Decorating 3:00 Prohibition: America on the Rocks (YouTube) 3:30 Brother Allen	6 10:00 Full Body ROM Stretches 10:30 Finish the Christmas Carols 11:00 Burns Middle School Concert 2:00 Bus Outing 2:30 Corn Hole 3:30 Color Me Wonderful	7 Pearl Harbor Day 9:00 KP Sing Along (YouTube Playlist) 9:30 Courtyard Gathering 10:00 Bingo 2:00 Axe Throwing 2:30 Table Top Activities 3:00 Resident Christmas Party	
8 9:00 Gospel Music Program (YouTube) 9:30 Church Service 10:00 Courtyard Stroll 10:30 Table Top Activities 2:00 Bingo 3:00 Courtyard Gathering 3:30 Christmas Movie Matinee	9 Wear Christmas Socks 10:00 Dice-rcise 10:30 Writing Class: What's the Story? 2:00 Art Class 2:30 Manicures with Jess 3:00 Which Store is Best? 3:30 Color Me Wonderful	10 Wear Red & White 10:00 Santa Says Exercise 10:30 Elf Mad Libs 2:00 Bingo 2:30 Show & Tell Reminisce: Bring an Item from Home 3:00 Brother David Gill 3:30 Corn Hole	11 Wear Plaid or Flannel 10:00 Praise & Workout with Christina Boyd 10:30 Story Time & Memory Challenge 2:00 Garden Club 2:30 Quilting Activity 3:00 KP Christmas Choir Sing-Along 3:30 Color Me Wonderful	12 Wear Festive Hair Accessories 10:00 Stand-Up, Sit-Down Christmas Game 10:30 Gingerbread Dice Game 2:00 Finish the Phrase Bingo 2:30 Craft Class: Design an Ugly Christmas Sweater 3:00 Corn Hole 3:30 Brother Allen	13 Ugly Christmas Sweater 10:00 Bus Outing 10:30 Conversation Catch 2:00 Full Body ROM Stretches 2:30 Christmas Analogies 3:00 Spa Time: Hand & Face Massages 3:30 Color Me Wonderful	14 9:00 KP Sing Along (YouTube Playlist) 9:30 Courtyard Gathering 10:00 Bingo 2:00 Axe Throwing 2:30 Table Top Activities 3:00 Courtyard Stroll 3:30 Christmas Movie Matinee	
15 9:00 Gospel Music Program (YouTube) 9:30 Church Service 10:00 Courtyard Stroll 10:30 Table Top Activities 2:00 Bingo 3:00 Courtyard Gathering 3:30 Christmas Movie Matinee	16 Wear Red 10:00 Dice-rcise 10:30 Christmas Candy Dice Game 2:00 Craft Class: Poinsettia 2:30 Manicures with Jess 3:30 Color Me Wonderful 5:30 Praise Family Church Christmas Lights Tour	17 Wear Green 10:00 Stand-Up, Sit-Down Christmas Game 10:30 Dear Santa Mad Libs 2:00 Famous Faces Bingo 2:30 Holiday Mittens Memory Game 3:00 Brother David Gill 3:30 Corn Hole	18 Wear Light Up Accessories 10:00 Praise & Workout with Christina Boyd 10:30 Visual Quiz: Name the Bird 2:00 Garden Club 2:30 Science Class: Orange Volcano 3:00 Worship with Joyce 3:30 Color Me Wonderful	19 Wear Christmas Pajamas 10:00 Christmas Recital by Pianist Andre Forney 1:30 All Aboard the Polar Express: Movie 2:00 Hot Cocoa & Cookies 3:15 Christmas Reminiscing 3:30 Brother Allen	20 Wear Jingle Bells 10:00 Holiday Snack Bar 10:30 KP Christmas Choir Sing-Along 2:00 Full Body ROM Stretches 2:30 Christmas Tree Dice Game 3:00 Corn Hole 3:30 Color Me Wonderful	21 9:00 KP Sing Along (YouTube Playlist) 9:30 Courtyard Gathering 10:00 Bingo 2:00 Axe Throwing 2:30 Table Top Activities 3:00 Courtyard Stroll 3:30 Christmas Movie Matinee	
22 9:00 Gospel Music Program (YouTube) 9:30 Church Service 10:00 Courtyard Stroll 10:30 Table Top Activities 2:00 Bingo 3:00 Courtyard Gathering 3:30 Christmas Movie Matinee	23 Wear Favorite Holiday Hat 10:00 Dice-rcise 10:30 Christmas Would You Rather 2:00 Art Class 2:30 Manicures with Jess 3:00 Christmas Alphabet Game 3:30 Color Me Wonderful	24 Wear Full Christmas Outfit 10:00 Santa Says Exercise 10:30 12 Days of Christmas Meaning 2:00 Bingo 2:30 Spa Time: Hand & Face Massages 3:00 Brother David Gill 3:30 Ball Toss	25 Christmas 10:00 Seated Exercise Class 10:30 Bingo 2:00 Movie Matinee: A Christmas Carol (Disney+) 3:00 Corn Hole 3:30 Color Me Wonderful	26 10:00 Stand-Up, Sit-Down Christmas Game 10:30 Roll to Decorate the Tree 2:00 Winter Bingo 2:30 Cookie Decorating 3:00 Magazine Scavenger Hunt 3:30 Brother Allen	27 10:00 Bus Outing 10:30 Conversation Catch 2:00 Full Body ROM Stretches 2:30 Holiday I've Never Game 3:00 Matching Activity: Name the Vehicle 3:30 Color Me Wonderful	28 9:00 KP Sing Along (YouTube Playlist) 9:30 Courtyard Gathering 10:00 Bingo 2:00 Axe Throwing 2:30 Table Top Activities 3:00 Courtyard Stroll 3:30 Christmas Movie Matinee	
29 9:00 Gospel Music Program (YouTube) 9:30 Church Service 10:00 Courtyard Stroll 10:30 Table Top Activities 2:00 Bingo 3:00 Courtyard Gathering 3:30 Christmas Movie Matinee	30 10:00 Dice-rcise 10:30 Two Truths and a Lie 2:00 Craft Class: Sock Snowmen 2:30 Manicures with Jess 3:00 Snowfall Sensory Inspiration 3:30 Color Me Wonderful	31 New Year's Eve 10:00 Stand-Up, Sit-Down Christmas Game 10:30 New Year's Resolutions 2:00 New Year's Eve Bingo 2:30 Winter Words Reminisce 3:00 Brother David Gill 3:30 Corn Hole			Daily Activities: Morning • 9AM- Devotional • 9:30AM- Music Program (YouTube) • 11AM- Independent Table Activities • 11:30AM- Wash-Up Time	Daily Activities: Afternoon • 1PM- Courtyard Gathering • 1:30PM- Wind Down & Hydration • 4PM- Movie Matinee	

Jerry Alan Bush: A Legacy of Music, Mentorship, And Model Railroads



Jerry Alan Bush's journey began in Tupelo, MS, where his early love for music and model railroading blossomed. He pursued music formally at the University of Alabama, first on alto saxophone with the Million Dollar Band, before changing his focus to piano performance. It was here he met his future wife, Gloria. Later, he advanced his studies with a master's and doctorate at Florida State University and the University of Mississippi.

In 1971, Jerry joined the faculty at the University of South Alabama, where he taught piano and related subjects, achieving an esteemed reputation. He received multiple accolades, including Dean's Lecturer and several Outstanding Professor awards. Notably, he was the first recipient of the Master Teacher Certificate from the Music Teachers National Association, marking a national first in professional achievement. Recognized as one of 50 Outstanding Faculty members for the university's 50th anniversary, he was honored with Professor Emeritus status upon his retirement in 2014.

Jerry's performance career extended from local stages to prestigious venues across the Northeast. He was highly sought after for his master classes, sharing his expertise in performance styles and techniques, and he served as an artist-clinician in cities like Atlanta and New Orleans. Known for his wit and musical insight, he inspired students who would go on to become accomplished performers and educators. He himself remained a student of music, coaching with renowned pianists until his retirement.

In addition to his musical achievements, Jerry nurtured a lifelong passion for N-scale trains, amassing an impressive collection and crafting room-sized layouts. His custom-painted train cars gained national attention, even landing one on the cover of a model railroading magazine.

Jerry and Gloria share a close-knit family, including their son David, daughter-in-law Brenda, and two granddaughters, Abigail and Madeleine.

Holiday Events



12 Days of Christmas

- Monday 09 Dec: Christmas Socks
- Tuesday 10 Dec: Candy Cane (Wear Red & White)
- Wednesday 11 Dec: Mad About Plaid (Wear plaid or flannel)
- Thursday 12 Dec: Rockin Around the Christmas Tree (Hair Accessories)
- Friday 13 Dec: Sweater Weather (Ugly Christmas Sweater)
- Monday 16 Dec: Rudolph the Red-Nosed Reindeer (Wear Red)
- Tuesday 17 Dec: 100% That Grinch (Wear Green)
- Wednesday 18 Dec: Christmas Lights (Wear Light Up Accessories)
- Thursday 19 Dec: All Aboard the Polar Express (Wear Christmas Pajamas)
- Friday 20 Dec: Jingle All the Way (Wear Jingle Bells)
- Monday 23 Dec: Holiday Hat (Wear your favorite holiday hat)
- Tuesday 24 Dec: All About Christmas (Wear Your Best Christmas Outfit)

Holiday Decor

'Tis the season to be jolly and festive! Don't miss out on our Best Door Wreath contest this year. We look forward to seeing everyone's apartment doors and corner cubbies decorated.

